

March 2023

RIVERSIDE JUNIOR HIGH & HIGH SCHOOL LUNCH MENU



MAINLINE

Monday Pasta Bar

Tuesday Taco Bar

Wednesday Baked
Potato Bar

Thursday Chicken

Nugget Mashed Bowl

Friday Breakfast for
Lunch

PIZZA

Cheese & Pepperoni

GRAB & GO

Chef Salad, Hoagie or
Wrap

SLIDES

Chicken Patty
Sandwich

Cheeseburger

Chicken Nuggets &
Tenders

Oven Baked Fries

ALSO AVAILABLE WITH ALL MEALS

Fresh Apples,
Oranges,
Bananas

100% Fruit Juice

Baby Carrots

Celery Sticks

Milk Choices:

1% Plain Fat Free

Fat Free Strawberry

Fat Free Chocolate

Filtered Water

Available at no charge.

ALL FULL MEALS

ARE FREE FOR ALL

STUDENTS

MON	TUES	WED	THURS	FRI
		Hot Ham & Cheese On a Bun Potato Wedges Fresh Vegetables Mixed Fruit BUFFALO CHICKEN PIZZA	Meatball Sub ² Marinara Sauce Side Salad Applesauce BUFFALO CHICKEN PIZZA	Pizza Sticks ³ Marinara Sauce Baked Fries Fresh Vegetables Mixed Fruit WHITE PIZZA
Pulled Pork ⁶ Sandwich Baked Beans Fresh Vegetable Fruit Mix SAUSAGE PIZZA	BBQ Rib Sand. ⁷ Fresh Vegetable Diced Peaches SAUSAGE PIZZA	Hot Wing Hoagie ⁸ Steamed Broccoli Diced Pears SAUSAGE PIZZA	Chicken Parmesan ⁹ Sandwich Side Salad Applesauce SAUSAGE PIZZA	Grilled Cheese ¹⁰ Steamed Broccoli Tomato Soup Fresh Vegetable Diced Pears SAUSAGE PIZZA
BACON ¹³ CHEESEBURGER Baked Beans Fresh Fruit MEATLOVER'S PIZZA	Pizza Pepperoni ¹⁴ Stick Corn Diced Peaches MEATLOVER'S PIZZA	BBQ Chicken ¹⁵ Sandwich Celery & Carrot Mix Mixed Fruit Cup MEATLOVER'S PIZZA	Hot Wing Hoagie ¹⁶ Celery Sticks With Ranch Fresh Fruit MEATLOVER'S PIZZA	Breaded Fish Sticks ¹⁷ Tartar Sauce Side Salad Diced Pears WHITE PIZZA
Cheese Breadsticks ²⁰ w/Marinara Baked Beans Diced Pears BUFFALO CHICKEN PIZZA	BBQ Rib Sandwich ²¹ Corn Fresh Vegetable Diced Peaches BUFFALO CHICKEN PIZZA	Buffalo Chicken Patty ²² Sandwich Fresh Vegetables Diced Pears BUFFALO CHICKEN PIZZA	P ²³ ierogies Side Salad Applesauce BUFFALO CHICKEN PIZZA	Cheese Breadsticks ²⁴ w/Marinara Side Salad Applesauce WHITE PIZZA
Hot Wing Hoagie ²⁷ Green Beans Fresh Fruit BEEF TACO PIZZA	Bacon Cheeseburger ²⁸ Corn Diced Peaches BEEF TACO PIZZA	Pulled Pork ²⁹ Sandwich Baked Beans Diced Pears BEEF TACO PIZZA	Meatball Sub ³⁰ Side Salad Fresh Fruit BEEF TACO PIZZA	Grilled Cheese ³¹ Sandwich Tomato Soup Apple Sauce WHITE PIZZA

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MENU SUBJECT TO CHANGE

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STUDENT
NUTRITION

This institution is an equal
opportunity providers

To make a complete meal, students must select foods from at least 3 different food groups with one of the items being a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only ½ c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.

